

## Guide to Para Equestrian Aids

### Reins

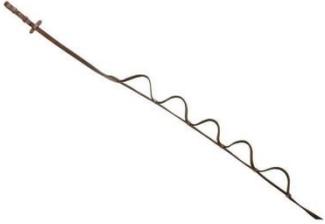
This is not designed to be an exhaustive list of products but a guide to what is available in the UK. As with a lot of things it can be a bit of trial and error to find which suits you best. We are looking to develop a library of products for clients to try so do get in touch if you have anything you would like to donate or borrow.

If you have anything that you would like me to add to the list please send me an email to [riderrehabcentre@outlook.com](mailto:riderrehabcentre@outlook.com).

Please also consider talking with your local saddler, many are more than happy to make bespoke leather work for your requirements. If you can recommend any saddlers that you have used please pass on their details and I will add a contact list below.

Product	Description	Aimed at	Cost	Where to buy
<b>Alice Reins</b> 	<p>Enables disabled riders of all ages and ability to be able to ride more efficiently, safely and with confidence.</p> <p>Design can be adapted to meet individual specific requirements and needs.</p> <p>Available in 3 widths and 4 lengths, shorter pony length, pony length, cob length and horse and in Black or Brown colours.</p> <p>Will attach to any bridle and are fully adjustable to fit any pony/horse.</p> <p>Provides greater control for the strong pony/horse and extremely difficult for pony/horse to pull the reins through the riders' hands.</p>	<p>Invaluable for riders with lesser grip due to Arthritis, Stroke, Carpal Tunnel and generally weak arm muscles.</p>	<p>£110-£152</p>	<p><a href="http://www.alice-reins.co.uk/shop/">http://www.alice-reins.co.uk/shop/</a></p>

<p><b>Alice Reins Buckle On</b></p> 	<p>Made from English leather and come complete with 2 loops, each having a buckle allowing you to attach them to your reins. Each rein will have adjustment holes to enable you to place your loops exactly where you need them. Available in 5/8" width Available in Pony length Short (45"), Pony length Standard (48"), Cob length (52") and Horse length (54") Available in Black or Brown colours Attach loops to exactly where you need them, Loops are removable Loops are discreet, Unique connection at hand end with unique buckle fastening</p>	<p>Reduced Grip Arm Weakness Altered hand function</p>	<p>£85 to £127</p>	<p><a href="http://www.alice-reins.co.uk/shop/">http://www.alice-reins.co.uk/shop/</a></p>
<p><b>Looped reins</b></p> 	<p>Plain or with loop handholds for small children or disabled riders with hand/arm weakness.  Both types are available in contrasting colours for easy distinction of left and right, Loop reins have two loops on each side spaced 3" (75mm) apart and have length adjustment at clip end.</p>	<p>Hand and grip weakness</p>	<p>With Loops:  small pony 12.2 and under - £ 12.50 pony size - £ 12.50 horse size - £ 13.50</p>	<p><a href="http://lugwy-farm.co.uk/tack-room/reins-riding-aids">http://lugwy-farm.co.uk/tack-room/reins-riding-aids</a></p>

<p><b>Norton continental web loop reins</b></p> 	<p>The Eric Thomas Continental Web Loop Reins are standard continental webbing reins with loops for handles</p>	<p>Altered grip altered upper limb function</p>	<p>£23</p>	<p><a href="https://www.ebay.co.uk/i/123403110570?chn=ps&amp;norover=1&amp;mkevt=1&amp;mkrid=710-134428-41853-0&amp;mkcid=2&amp;itemid=123403110570&amp;targetid=877508928879&amp;device=m&amp;mktype=pla&amp;googleloc=1007266&amp;poi=&amp;campaignid=9437819480&amp;mkgroupid=95784473277&amp;rlsatarget=pla-877508928879&amp;abclid=1139356&amp;merchantid=7322704&amp;gclid=EAlaIaQobChMIzO34m9CG6QIV0u7tCh12DwNkEAQYAiABEglo0vD_BwE">https://www.ebay.co.uk/i/123403110570?chn=ps&amp;norover=1&amp;mkevt=1&amp;mkrid=710-134428-41853-0&amp;mkcid=2&amp;itemid=123403110570&amp;targetid=877508928879&amp;device=m&amp;mktype=pla&amp;googleloc=1007266&amp;poi=&amp;campaignid=9437819480&amp;mkgroupid=95784473277&amp;rlsatarget=pla-877508928879&amp;abclid=1139356&amp;merchantid=7322704&amp;gclid=EAlaIaQobChMIzO34m9CG6QIV0u7tCh12DwNkEAQYAiABEglo0vD_BwE</a></p>
<p><b>Rein Bows</b></p> 	<p>Rein-Bows rein loops clip onto the horse's reins and help riders to develop a more secure grip, ensure that both reins remain the same length and prevent the reins from slipping through the fingers. The Rein-Bows enable horse riders to keep their hands quieter and in the most effective position.</p>	<p>Reduced grip  Arm weakness  Altered coordination  Altered hand function</p>	<p>£33.95</p>	<p><a href="https://www.equiport.co.uk/brand/reinbows/">https://www.equiport.co.uk/brand/reinbows/</a>  <a href="https://www.saddlery.biz/reinbows">https://www.saddlery.biz/reinbows</a></p>

<p><b>Handle bar reins</b></p> 	<p>Loop handles with rubber grips snap to D-rings on the reins to adjust length. Webbing with adjustable clip ends.</p>	<p>Reduced grip  Altered upper limb function and length</p>	<p>No known UK supplier</p>	<p><a href="http://www.freedomrider.com/Reins-Adaptive-Adjustable-Handle-Rein-Bows-Loops.html#01-2610">http://www.freedomrider.com/Reins-Adaptive-Adjustable-Handle-Rein-Bows-Loops.html#01-2610</a></p>
<p><b>Libby's Loop Handled reins</b></p> 	<p>Official Libby's Loop Handled Reins (R.D.A) Made from 19mm soft webbing with trigger to bit attachment and 20cm loop handles for the rider. Designed with riding for the disabled in mind, each rein is length adjustable.  ONE SIZE- 78-123cm Rein (including handle)</p>	<p>Reduced grip  Altered upper limb function</p>	<p>£10.99</p>	<p><a href="https://www.ebay.co.uk/i/121953682904?chn=ps">https://www.ebay.co.uk/i/121953682904?chn=ps</a></p>
<p><b>De Boiz Correct contact Reins</b></p>	<p>Para Riders love the extra security and sensitivity that the reins give to them for Dressage and Jumping These reins are a simple <i>No Gadget</i> way to improve both Horse and Rider. 'Correct Contact Reins' are fully adjustable using our adjustable loop design which you can set to give you the Correct length for the Correct Contact with your horse's mouth. There is a connecting piece between the reins so that should you let go of one or</p>	<p>Reduced Grip  Reduced co-ordination  Reduced hand strength</p>	<p>£66.50</p>	<p><a href="https://www.deboiz.co.uk/products/de-boiz-correct-contact-reins-training-reins-for-horse-and-rider">https://www.deboiz.co.uk/products/de-boiz-correct-contact-reins-training-reins-for-horse-and-rider</a></p>

	<p>both of your reins, they are retrievable and this is long enough to allow walk on a long rein for dressage or a stretch of the horse's neck after a hard workout.. They are suitable for any rider, horse or pony</p>			
<p><b>Ladder reins</b></p> 	<p>Ladder Reins Ladder reins make grasping reins easier for those who have less motor control. Webbing with adjustable snap ends (pictured), or 1/2" leather with buckle ends.</p>	<p>Riders using one hand or with significant motor control problems</p>	<p>No known UK supplier</p>	<p><a href="http://www.freedomrider.com/Reins-Adaptive-Ladder-Reins-Leather-Web-Freedom-Solid-Rung.html">http://www.freedomrider.com/Reins-Adaptive-Ladder-Reins-Leather-Web-Freedom-Solid-Rung.html</a></p>
<p><b>Solid handled ladder reins</b></p> 	<p>Solid rung ladder reins make grasping the reins and turning the horse easier for those who have less motor control. Webbing with adjustable snap ends. Styles may vary slightly.</p>	<p>Single handed riders</p>	<p>No known UK supplier</p>	<p><a href="http://www.freedomrider.com/Reins-Adaptive-Ladder-Reins-Leather-Web-Freedom-Solid-Rung.html#01-2609">http://www.freedomrider.com/Reins-Adaptive-Ladder-Reins-Leather-Web-Freedom-Solid-Rung.html#01-2609</a></p>

<p><b>Rainbow reins</b></p> 	<p>Kincade Rainbow Reins With Hook Studs Brown</p> <p>Perfect for beginners getting to grips with rein lengths, the Rainbow Reins offer 3 high quality brightly coloured reins with contrasted white stitching.</p>	<p>Altered concentration</p> <p>Visual impairment</p>	<p>£15.99</p>	<p><a href="https://www.naylors.com/kincade-rainbow-reins-with-hook-studs-brown?msclkid=54fd1248159a1786c3c14ceeb34da084&amp;utm_source=bing&amp;utm_medium=cpc&amp;utm_campaign=UK%20-%20All%20Shopping%20Campaigns&amp;utm_term=4581321357947977&amp;utm_content=All%20Brands">https://www.naylors.com/kincade-rainbow-reins-with-hook-studs-brown?msclkid=54fd1248159a1786c3c14ceeb34da084&amp;utm_source=bing&amp;utm_medium=cpc&amp;utm_campaign=UK%20-%20All%20Shopping%20Campaigns&amp;utm_term=4581321357947977&amp;utm_content=All%20Brands</a></p>
<p><b>Busse Anti Slip Reins</b></p> 	<p>Busse's Anti Slip Reins for children are rubber interwoven web reins with different coloured leather stops. Adjustments made to the rein length are easy to explain with reference to the colour of the leather stop. With leather ends and sliding martingale stops. Available in Green, Royal Blue, Pink, or Red.</p> <p>Size Guide Available in two sizes - Shetland/Pony or Cob/Full.</p>	<p>Mild altered grip and power</p> <p>Difficulty maintaining correct contact</p>	<p>£19.95</p>	<p><a href="https://www.equus.co.uk/products/busse-childrens-anti-slip-reins?utm_source=google&amp;utm_medium=cpc&amp;utm_campaign=shopping&amp;dfw_tracker=29461-6253843546144&amp;gclid=EAlaQobChMlZPSWqtGG6QIV2u3tCh3bFQGKEAQYAIBEGJTUPD_BwE">https://www.equus.co.uk/products/busse-childrens-anti-slip-reins?utm_source=google&amp;utm_medium=cpc&amp;utm_campaign=shopping&amp;dfw_tracker=29461-6253843546144&amp;gclid=EAlaQobChMlZPSWqtGG6QIV2u3tCh3bFQGKEAQYAIBEGJTUPD_BwE</a></p>
<p><b>Shires Flexi Rein</b></p> 	<p>This simple patented rein attachment has been developed to provide the correct starting point for a relaxed, balanced and obedient horse. Two levels of adjustment: the first for general schooling/hacking, the second for stronger horses or for faster work where more control is needed.</p>	<p>Inconstant contact</p> <p>Ataxia</p> <p>Reduced co-ordination</p> <p>High tone</p>	<p>£16.99</p>	<p><a href="https://www.shiresequestrian.com/flexi-reinr-17300">https://www.shiresequestrian.com/flexi-reinr-17300</a></p>

<p><b>Carl Hester RDA reins</b></p> 	<p>Designed by the Olympic Gold Medalist to help riders with disabilities. RDA approved. Easy to hold, 3/4 inch width. Clips onto bit or head collar</p> <p>Non-slip, waterproof fabric Helps rider contact and feel Low maintenance</p>	<p>Inconstant contact</p> <p>Ataxia</p> <p>Reduced co-ordination</p> <p>High tone</p>	<p>£35</p>	<p><a href="http://www.carlhester.co.uk/_shop/general/carl-hester-fantastic-elastic-rda-reins/">http://www.carlhester.co.uk/_shop/general/carl-hester-fantastic-elastic-rda-reins/</a></p>
<p><b>Thinline Reins</b></p> 	<p>The ThinLine English reins are used worldwide for people with sore hands, small hands or arthritis!</p> <p>Our rubber grip style reins, wrapped in no-slip ThinLine, allows riders to have a soft, comfortable yet secure grip which translates to a soft, elastic connection to the bridle.</p>	<p>Arthritis</p> <p>Small hands</p> <p>Painful hands</p>	<p>NO known UK supplier</p>	<p><a href="https://www.thinlineglobal.eu/shop/by-equestrian-sport-disciplines/general-purpose/accessories-generalpurpose/thinline-english-reins-non-slip-grip">https://www.thinlineglobal.eu/shop/by-equestrian-sport-disciplines/general-purpose/accessories-generalpurpose/thinline-english-reins-non-slip-grip</a></p>
<p><b>Reins stops</b></p> 	<p>Rein Stops help riders keep a consistent length of contact when riding, and prevents reins slipping through the rider's fingers. Using a rock climbing knot, Rein Stops are easily attached to the reins and will not slip under tension. The toggle is placed either in the palm of your hand or rests between your thumb and first finger.</p>	<p>Reduced grip</p> <p>Inconsistent contact</p>	<p>No known UK supplier</p>	<p><a href="https://www.freedomrider.com/product/rein-stops/">https://www.freedomrider.com/product/rein-stops/</a></p>

<p><b>Correct Connect reins and gloves</b></p> 	<p>Available in black or brown – a style for every rider. Hook-and-loop fastener on lower fingers and upper palm encourage proper contact, while allowing rider to be soft in their fingertips. High quality leather reins and breathable durable gloves can be used together or separately for every single ride. Also available in spilt reins</p>	<p>Reduced grip</p>	<p>£99</p>	<p><a href="https://www.ridecorrectconnect.com/">https://www.ridecorrectconnect.com/</a></p>
<p><b>Busse Cotton Reins</b></p> 	<p>Busse Cotton Reins have a snap fastening at each end and are one single continuous piece of plaited material. They are ideal for use with a Ringed Rope Halter for Natural Horsemanship ridden work. Available in Black or Brown.</p>	<p>Reduced sensation and grip</p>	<p>£22.50</p>	<p><a href="https://www.equus.co.uk/products/busse-cotton-reins?utm_source=google&amp;utm_medium=cpc&amp;utm_campaign=shopping&amp;dfw_tracker=29461-6393850200096&amp;gclid=EAlaI QobChMIzPSWqtGG6QIV2u3tCh3bFQGKEAQYAyABEgKudfD_BwE">https://www.equus.co.uk/products/busse-cotton-reins?utm_source=google&amp;utm_medium=cpc&amp;utm_campaign=shopping&amp;dfw_tracker=29461-6393850200096&amp;gclid=EAlaI QobChMIzPSWqtGG6QIV2u3tCh3bFQGKEAQYAyABEgKudfD_BwE</a></p>